

Green Items = Vitamin A
 Red Items = Vitamin C
 Blue Items = Sodium 1000mg

STOCKTON COMMUNITY KITCHEN at Bella Vista - SENIOR LUNCH BOX PROGRAM
AUGUST 2026 - LUNCH MENU

MONDAY	3	TUESDAY	4	WEDNESDAY	5	THURSDAY	6	FRIDAY	7
Garlic Penne Pasta with Herb Grilled Chicken California Vegetable Medley Applesauce Whole Grain Roll Butter Chip 1% Low Fat Milk	6oz 4oz 4oz 1ea 1ea 8oz	Lemon Garlic Cod Stir Fry Vegetable Medley Wild Rice Peach Cup Whole Grain Roll Butter Chip 1% Low Fat Milk	3oz 4oz 4oz 4oz 1ea 1ea 8oz	Grilled Chicken Strips Red Roasted Potatoes Roasted Zucchini Orange Whole Grain Roll Butter Chip 1% Low Fat Milk	3oz 4oz 4oz 4 oz 1ea 1ea 8oz	Potato Torta Española with Ham Roasted Baby Carrots Pineapple Whole Grain Roll Butter Chip 1% Low Fat Milk	6oz 4oz 4oz 1ea 1ea 8oz	Bavarian Pork Red Cabbage Mashed Potatoes and Gravy Tropical Fruit Cup Whole Grain Roll Butter Chip 1% Low Fat Milk	3oz 4oz 4oz 4oz 1ea 1ea 8oz
MONDAY	10	TUESDAY	11	WEDNESDAY	12	THURSDAY	13	FRIDAY	14
Korean Beef Meatballs Steamed White Rice Butternut Squash Tropical Fruit Cup Whole Grain Roll Butter Chip 1% Low Fat Milk	3oz 4oz 4oz 4oz 1ea 1ea 8oz	Pasta Primavera with Bell Peppers Broccoli, Tomatoes, Red Onions and grilled diced chicken Roasted Carrots Pear Cup Whole Grain Roll Butter Chip 1% Low Fat Milk	6oz 2oz 4oz 4oz 1ea 1ea 8oz	Fish Cake Mediterranean Herb Quinoa California Blend Vegetables Orange Whole Grain Roll Butter Chip 1% Low Fat Milk	3oz 4oz 4oz 4oz 1ea 1ea 8oz	Grilled Pineapple Chicken Red Roasted Potatoes Roasted Broccoli Applesauce Whole Grain Roll Butter Chip 1% Low Fat Milk	3oz 4oz 4oz 4 oz 1ea 1ea 8oz	Beef Lasagna with Homemade Sauce Vegetable Medley Pineapple Whole Grain Roll Butter Chip 1% Low Fat Milk	6oz 4oz 4 oz 1ea 1ea 8oz
MONDAY	17	TUESDAY	18	WEDNESDAY	19	THURSDAY	20	FRIDAY	21
Chicken Parmesan Light Butter Garlic Pasta California Vegetable Medley Pineapple Whole Grain Roll Butter Chip 1% Low Fat Milk	3oz 4oz 4oz 4oz 1ea 1ea 8oz	Crusted Herb Pork Loin Mashed Potatoes Roasted Baby Carrots Orange Whole Grain Roll Butter Chip 1% Low Fat Milk	3oz 4oz 4oz 4oz 1ea 1ea 8oz	Gnocchi with Pesto Sauce and Herb Grilled Chicken California Vegetable Medley Tropical Fruit Cup Whole Grain Roll Butter Chip 1% Low Fat Milk	6oz 3oz 4oz 4oz 1ea 1ea 8oz	Chili Beans with Beef Red Roasted Dice Potatoes Roasted Broccoli Applesauce Whole Grain Roll Butter Chip 1% Low Fat Milk	3oz 4oz 4oz 4oz 1ea 1ea 8oz	Grilled Salmon Brussel Sprouts Mediterranean Herb Quinoa Peach Cup Whole Grain Roll Butter Chip 1% Low Fat Milk	3oz 4oz 4oz 4oz 1ea 1ea 8oz
MONDAY	24	TUESDAY	25	WEDNESDAY	26	THURSDAY	27	FRIDAY	28
Beef Ravioli California Vegetable Medley Applesauce Whole Grain Roll Butter Chip 1% Low Fat Milk	3oz 4oz 4oz 1ea 1ea 8oz	BBQ Meatballs Rice Pilaf Brussel Sprouts Tropical Fruit Cup Whole Grain Roll Butter Chip 1% Low Fat Milk	3oz 4oz 3oz 4oz 1ea 1ea 8oz	Pork Chili Verde Spanish Rice 5 Way Vegetables Pineapple Corn Bread Butter Chip 1% Low Fat Milk	3oz 4oz 4oz 4oz 1ea 1ea 8oz	Salisbury Steak Roasted Carrots Mashed Potatoes and Gravy Orange Whole Grain Roll Butter Chip 1% Low Fat Milk	3oz 4oz 4oz 4oz 1ea 1ea 8oz	Asian Chicken Steamed Rice Stir Fry Vegetables Pear Cup Whole Grain Roll Butter Chip 1% Low Fat Milk	3oz 4oz 4oz 4oz 1ea 1ea 8oz
MONDAY	31								
Quiche Lorraine with Ham California Vegetable Medley Pineapple Whole Grain Roll Butter Chip 1% Low Fat Milk	6oz 4oz 4oz 1ea 1ea 8oz							\$3.00 Suggested Contribution Per Meal. No one will be denied services for the inability to contribute. If you are unable to make the suggested contribution, please consider giving amount whatever you can. Thank you.	