

YOUTH TRIATHLON EVENT

2026 INFORMATION PACKET



Parks, Recreation, and Community Services Department

333 Civic Center Plaza, Tracy CA, 95376

TEL: 209-831-6202 | FAX: 209-831-6218

GENERAL INFORMATION

The City of Tracy's Youth Triathlon event aims to introduce our community's youth to the sport of triathlon in a fun, safe, and non-competitive environment. Each participant will complete three separate racecourses in swimming, biking, and running. Each leg of this event is supervised by City Staff and cleared volunteers.

The Youth Triathlon event is intended to be fun and encouraging for children. Please cheer for all athletes participating as everyone is trying their best. Remind your child to take it slow and watch out for other athletes as we don't want any injuries.

Our staff are prepared if an emergency happens. A First-Aid table will be located next to the bike course, and both water stations will be equipped with First-Aid Kits. All staff are CPR certified.

Each age group is color coded. There will be a sticker on the bib which indicates which age group. **Do not remove stickers.** Age group/color are as follows:

- 13-14 years (red)
- 11-12 years (blue)
- 9-10 years (green)
- 7-8 years (yellow)

City Staff will be monitoring the participants and will inform them of how many laps they are to complete according to their age group.

What to bring:

- Swimsuit (Goggles optional)
- Coast Guard approved Lifejacket (optional)
- Towel
- Bike
- Helmet (required)
- Water bottle
- Sunscreen
- Clothes to run and bike in (bib number must be attached to your shirt)
- Closed-toe shoes and socks to run and bike in



EVENT INFORMATION

The 2026 Youth Triathlon will take place at Dr. Powers Park, located on 900 W Lowell Avenue, Tracy CA, 95376. Each age division will have their own course length and start time. Please see below for the schedule that is applicable to your child.

Course Distances & Times:

Division	Wave Time	Swim	Bike	Run
13-14 year olds	9:00 AM	500 yards (20 laps)	1 mile (4 laps)	1 mile (4 laps)
11-12 year olds	9:30 AM	200 yards (8 laps)	1 mile (4 laps)	1 mile (4 laps)
9-10 year olds	10:00 AM	100 yards (4 laps)	0.5 miles (2 laps)	0.50 mile (2 laps)
7-8 year olds	10:30 PM	50 yards (2 laps)	0.5 miles (2 laps)	0.25 mile (1 lap)

*All distances/times are approximate and subject to change

Event Schedule:

Time	Event
8:00 AM	Late Packet Pick-Up
8:00 AM	Transition Area Open
8:30 AM	Pool Opens for Make-up Swim Tests
8:45 AM	Transition Area Closed
9:00 AM	First Wave Competes, Event starts
12:00 PM	End

Please note: It is recommended to arrive at least one hour prior to your division's start time to allow enough time to check in, do a bicycle safety check, and lay out transition area items. Parking will not be available in the Dr. Powers parking lot.

EVENT INFORMATION (continued)

Swim Course Information:

The triathlon course will begin at the Joe Wilson Pool. A limited number of Life Jackets will be available for use as needed, and Lifeguard staff will ensure it is properly secured prior to entering the pool. Kickboards will also be available for use if desired. Spectators will be allowed under the large umbrellas on the pool deck, however there is limited seating. Feel free to bring a camping chair to be comfortable.

Bike Transition Area Information:

All swimmers will exit the pool deck gates (indicated on the map on Page 7) and head to the bike transition area. Athletes should dry off body with a towel and put short/shirt/socks/shoes on; bib number needs to be visible and on front side of shirt. Helmet must be on and buckled. Athletes must WALK bike to starting line. Be careful of other riders.

Bike Course Information:

The bike course will be clearly marked out with cones and blue pennant flags. 11-14 year olds will complete four (4) laps. The younger 7-10 year olds will complete two (2) laps. Please remind your child to slow down at corners.

Run Transition Area Information:

After completing the course, athletes will place their bike back in the transition area and walk to the run course to complete the running leg of the event. Remove helmet and check shoelaces.

Run Course Information:

As the athletes come to the end of the race, it is important that they stay hydrated and take breaks as needed. The 11-14 year olds will complete two (4) laps. The 9-10 year olds will complete two (2) laps, and the younger 7-8 year olds will complete one (1) lap.

After completion of all races, each participant will receive a medal. is non-competitive, and all athletes will receive the same awards.

EVENT INFORMATION (continued)

Parent Meeting

Prior to the triathlon, a Parent meeting will be held virtually over Microsoft Teams on Wednesday, October 7th at 6:00pm. At this meeting, we will be going over the details of the event and answer any questions our participants may have. A meeting link will be emailed out to all participants by Friday, October 2nd, 2026.

Swim Test & Packet Pickup

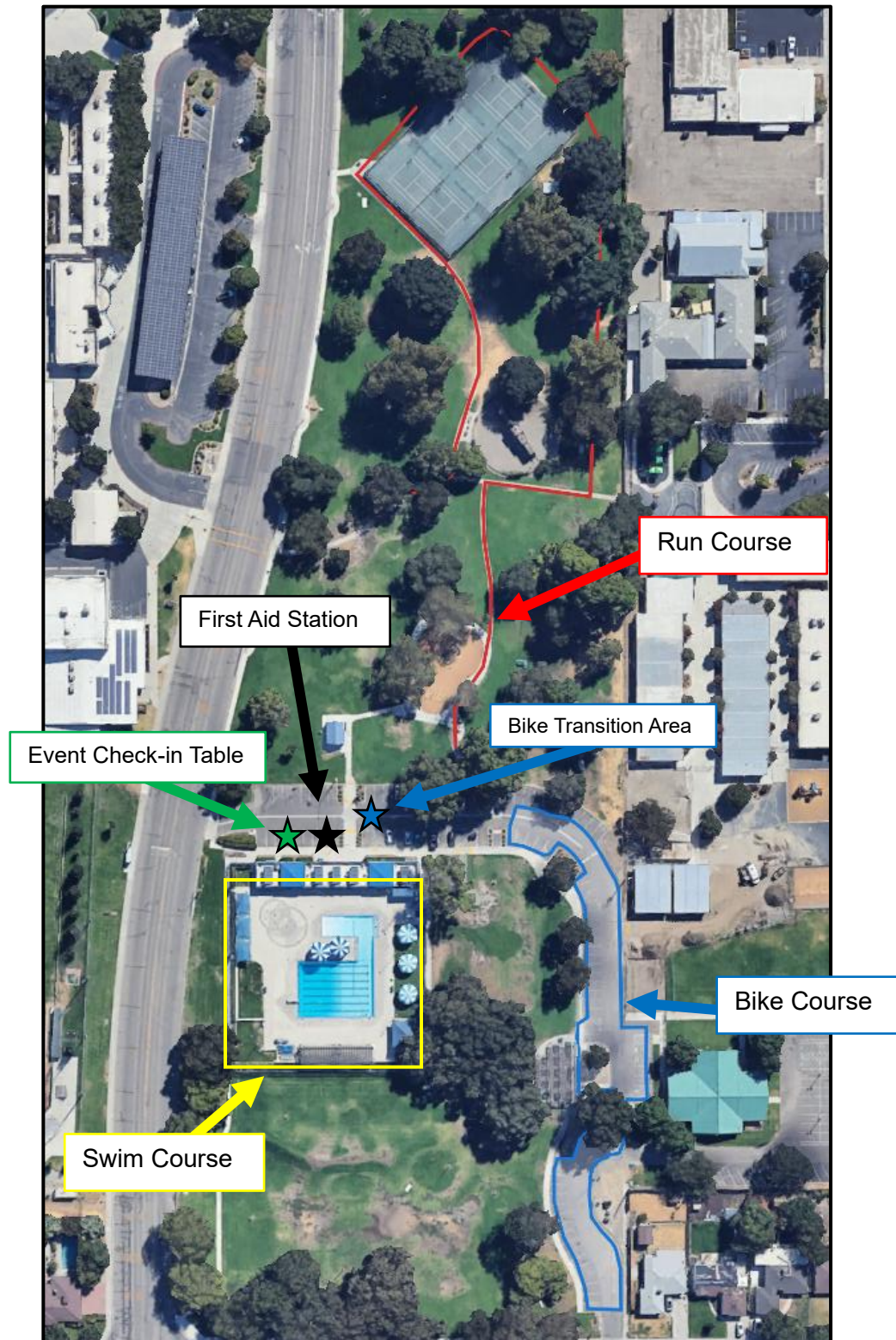
After registration closes, City Recreation staff will have a set day and time for each division to pickup their Bib and Parent Packet prior to the event. This "Packet Pickup" will be held at the Joe Wilson Pool to also allow each player to perform a swim test on arrival. The times provided in the schedule below are a "window", and participants welcome to drop-in anytime in that time frame.

City Aquatics staff evaluating each swim test will inform the player's parent/guardian(s) if a PFD/Lifejacket is required for their child during the swim portion of the Triathlon event. City Staff will log which players passed and failed their swim tests for reference on the day of the event.

Swim Test & Packet Pickup Schedule:

Date	Time	Note
Saturday, October 10 th	9:00am-12:00pm	Swim Test + Packet Pickup
Saturday, October 17 th	8:00am-8:45am	Makeup Test prior to Race

EVENT COURSE MAP (General Overview)

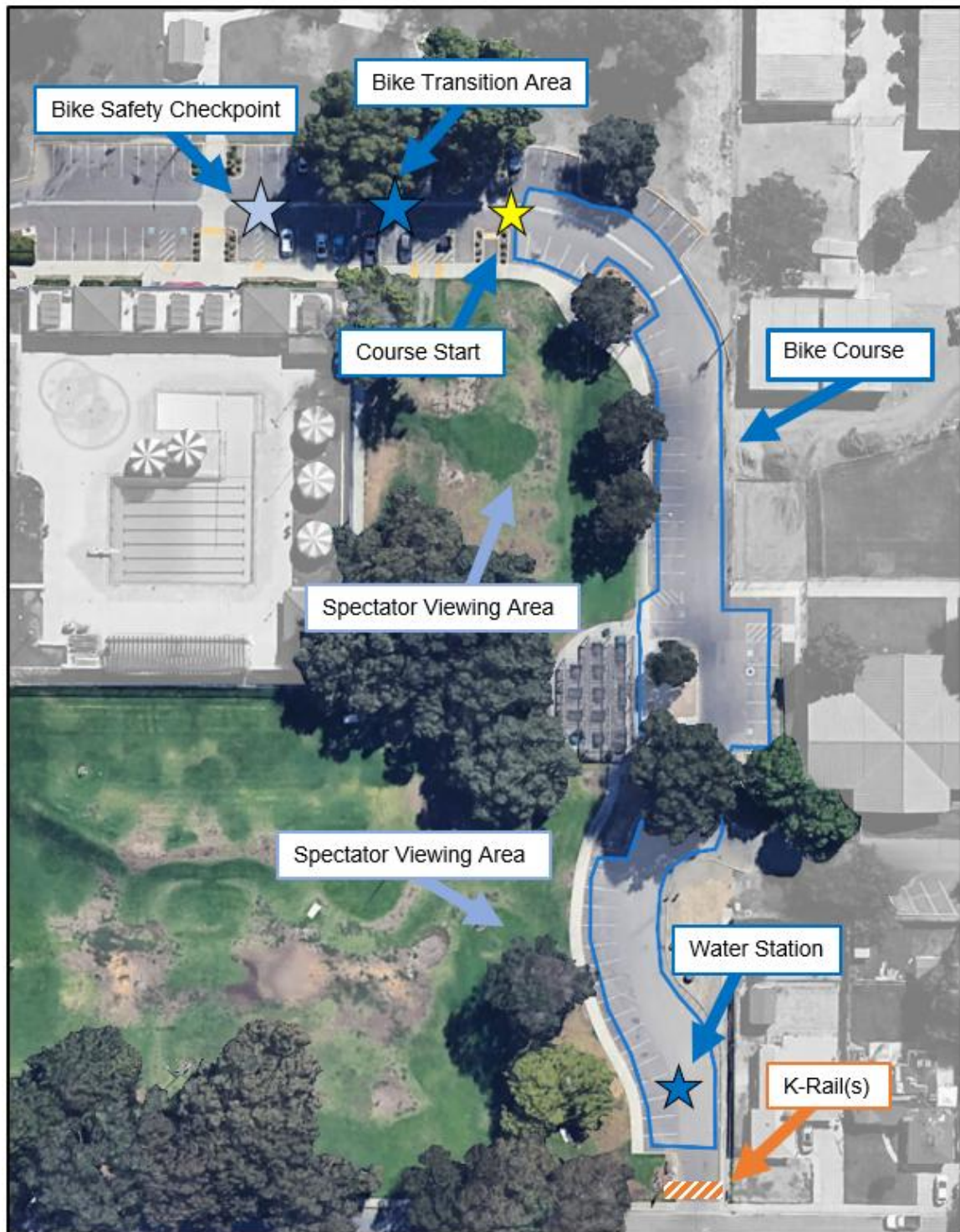


Dr Powers Park (900 W Lowell Avenue, Tracy CA, 95376)

SWIM COURSE MAP



BIKE COURSE MAP



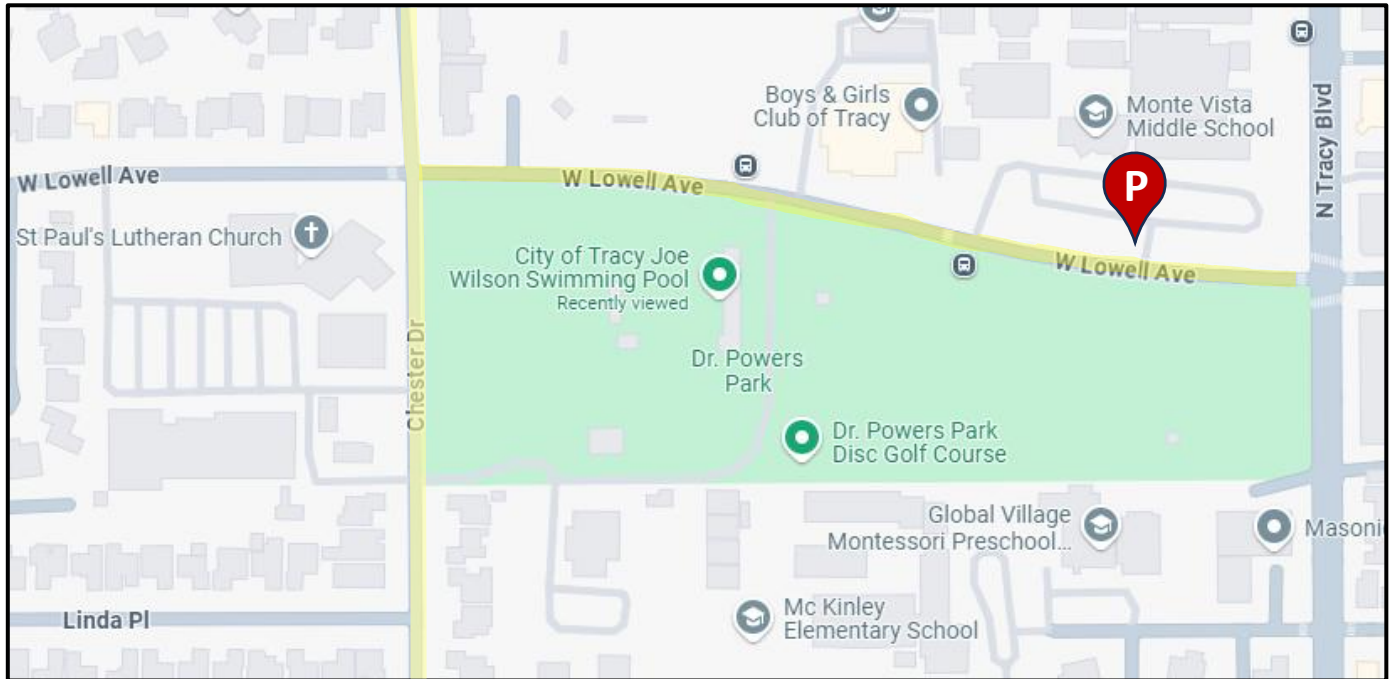
Lap Length: 0.25 Miles

RUN COURSE MAP



Lap Length: 0.25 Miles

PARKING MAP



The parking lot at Dr. Powers Park will not be accessible during the event. Parking will be permissible in the parking lot of Monte Vista Middle School. Street parking will also be available along Chester Drive and Lowell Avenue. Please be courteous to the surrounding residents if street parking is utilized.