

Green Items= Vitamin A
 Red Items = Vitamin C
 Blue Items = Sodium 1000mg

LOLLY HANSEN SENIOR CENTER - SENIOR LUNCH BOX PROGRAM

MAY 2026 - LUNCH MENU

				FRIDAY 1
				Chicken Enchiladas Spanish Rice California Vegetable Medley Applesauce 1% Low Fat Milk
MONDAY 4	TUESDAY 5	WEDNESDAY 6	THURSDAY 7	FRIDAY 8
Bavarian Pork Brussel Sprouts Mashed Potatoes and Gravy Applesauce Whole Grain Roll Butter Chip 1% Low Fat Milk	Teriyaki Meatballs Brown Rice Stir Fry Vegetables Orange Whole Grain Roll Butter Chip 1% Low Fat Milk	Lemon Garlic Baked Tilapia Wild Rice Roasted Baby Carrots Pineapple Whole Grain Roll Butter Chip 1% Low Fat Milk	Garlic Penne Pasta with Herb Grilled Chicken Roasted Butternut Squash Fresh Fruit Salad Whole Grain Roll Butter Chip 1% Low Fat Milk	Potato Torta Española with Ham Roasted Broccoli Florets Cantaloupe Whole Grain Roll Butter Chip 1% Low Fat Milk
MONDAY 11	TUESDAY 12	WEDNESDAY 13	THURSDAY 14	FRIDAY 15
Gnocchi with Pesto Sauce and Herb Grilled Chicken Roasted Carrots Orange Whole Grain Roll Butter Chip 1% Low Fat Milk	BBQ Chicken Red Roasted Potatoes 5 Way Vegetables Pineapple Whole Grain Roll Butter Chip 1% Low Fat Milk	Italian Sausage Light Garlic Pasta California Blend Vegetables Applesauce Whole Grain Roll Butter Chip 1% Low Fat Milk	Baked Alaska Pollock Roasted Baby Carrots Brown Rice Orange Whole Grain Roll Butter Chip 1% Low Fat Milk	Beef Hamburgers Sweet Potato Fries Broccoli Florets Cantaloupe Whole Grain Roll Butter Chip 1% Low Fat Milk
MONDAY 18	TUESDAY 19	WEDNESDAY 21	THURSDAY 21	FRIDAY 22
Caribbean Chicken Coconut Rice and Beans Vegetable Medley Cantaloupe Whole Grain Roll Butter Chip 1% Low Fat Milk	Crusted Herb Pork Loin Roasted Red Potatoes Mixed Vegetables with carrots Applesauce Whole Grain Bread Butter 1% Low Fat Milk	Chicken Pasta Primavera with Tomatoes Broccoli, Red Onions, Bell Peppers Yellow Squash Fresh Fruit Salad Whole Grain Roll Butter Chip 1% Low Fat Milk	Swedish Meatballs Brown Rice Stir Fry Vegetables Orange Whole Grain Roll Butter Chip 1% Low Fat Milk	Fish Cake Mashed Potatoes Roasted Carrots Pineapple Whole Grain Roll Butter Chip 1% Low Fat Milk
MONDAY 25	TUESDAY 26	WEDNESDAY 27	THURSDAY 28	FRIDAY 29
Pork Chili Verde Spanish Rice Roasted Zucchini and carrots Cantaloupe Corn Bread Butter Chip 1% Low Fat Milk	Italian Baked Tilapia Rice Pilaf Roasted Baby Carrots Pineapple Whole Grain Roll Butter Chip 1% Low Fat Milk	BBQ Meatballs Rice Pilaf with diced carrots 5 Way Vegetables Pineapple Whole Grain Roll Butter Chip 1% Low Fat Milk	Grilled Chicken Strips Red Roasted Potatoes Yellow Squash Orange Whole Grain Roll Butter Chip 1% Low Fat Milk	Beef Ravioli California Blend Vegetables Applesauce Whole Grain Roll Butter Chip 1% Low Fat Milk

\$3.00 Suggested Contribution Per Meal. No one will be denied services for the inability to contribute. If you are unable to make the suggested contribution, please consider giving amount whatever you can.
 Thank you